

Soul Counselling

Elizabeth Windsong
Ethics Statement

Soul Counselling sessions can provide you with a more insightful perspective of your own spiritual journey. Your talents and gifts can become more accessible for you with a renewed and clarified understanding of the true essence of who you truly are. Soul Counselling sessions can help you to know and understand your life purpose, develop your intuitive abilities and provide you with more balance and stability in your life.

Information shared in the Soul Counselling sessions is intended to help you have a clearer understanding of how emotional, psychological and spiritual factors affect behaviour and how, in turn, these affect any choices we make. It is the intention that the sessions bring about more awareness of these behaviours and how reactions to situations can be changed if we desire them to be changed.

It is important to be aware that any shared information is always the perspective of another and that perspective is the result of the other persons' life experiences and understandings. It is the responsibility of the client to determine whether any view expressed by the counsellor is appropriate for the client.

Elizabeth Windsong will recommend other specialists where appropriate who can offer information that she is not specialized in. Any shared information or perspectives must be taken in context of the whole overview of the clients spiritual journey.

Elizabeth Windsong does not diagnose for disease of psychiatric conditions. The initial assessment will be used to decide if Soul Counselling is an appropriate way forward for the potential client. In all cases a Soul Counselling consultation is not a substitute for medical or psychiatric care. However, sessions in Soul Counselling can be a great help in healing underlying factors which adversely affect the clients health.

Nothing spoken, written, printed or produced by Elizabeth Windsong is intended to be a substitute for other life consultants or advisors be they medical, spiritual, legal, financial etc. Should you decide to act upon any suggestions, shared information, life tools, meditation techniques, exercises etc suggested by Elizabeth Windsong you do so at entirely your own discretion and where necessary under the competent guidance and supervision of professionals.